



Our Mission

CareMeridian provides a continuum of high-quality, cost-effective post-acute care and rehabilitation options to people of all ages with brain, spinal cord and other life-altering injuries and medically complex illnesses. With program locations throughout the Western United States, CareMeridian offers a distinctive service delivery model, merging an experienced and skilled health care and rehabilitation team with state-of-the-art technology in community-based program settings designed to meet the unique needs of those we serve at every stage of their recovery.

CareMeridian is a partner of The MENTOR Network, a national network of local providers serving youth at risk, individuals with intellectual and developmental disabilities and people with brain, spinal cord and other catastrophic illnesses and injuries across the country.



Our Funding Options

At CareMeridian, we strive to provide a higher-quality and lower-cost alternative, working closely with a variety of payors, including private insurance companies and workers' compensation specialists. We participate as an "In Network" provider for most major health plans and payors. Funding options include: HMOs, PPOs, Workers' Compensation, Private Insurance and Private Pay.



Refer a Patient
800-852-1256

CareMeridian La Mesa
5640 Aztec Drive | La Mesa, CA 91942
619-403-5267 | www.caremeridian.com

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Our Care Team

With an industry leading 1:4 staff-to-patient ratio, 1:1 therapy and 24/7 care, CareMeridian offers individualized care plans and personalized attention with our Interdisciplinary Treatment Team composed of: physicians; nurses; case managers; social workers; physical, speech, occupational and respiratory therapists; neuropsychological specialists; activities directors; and dieticians.

Our La Mesa Facility

CareMeridian La Mesa opened in late 2012. The 9,100 square-foot facility features 15 private beds in a natural healing environment on a one-acre site. The location offers a 1:4 staff-patient ratio, state-of-the-art equipment, individualized care plans and intense nursing of 9.5 hours per patient daily.



Our Services

- **Acquired Brain Injuries**
(traumatic, anoxic, aneurysms/bleeds, cerebral vascular accidents)
- **Spinal Cord Injuries**
(all levels, including Halo care)
- **Complex Wound Care**
(including Vac therapy)
- **Burn Care**
- **Pulmonary**
(including vent care and weaning, trach care, suctioning and decannulation)
- **Congenital Disorders**
(including anomalies, Cerebral Palsy and Spina Bifida)
- **Amputee Care**
- **Neuromuscular Disorders**
(including Guillain-Barre, Muscular Dystrophy and Myasthenia Gravis)
- **Medically Complex**
(including multiple trauma/fractures; multiple IV antibiotic therapy; isolation; and TPN, G - and J-tube feedings)
- **Orthopedically Complex**
(including multiple trauma/fractures, external fixator care, and non-weightbearing)
- **High-Intensity Rehabilitation**
(licensed physical, occupational and speech therapists; recreational therapy, neuropsychological services, social services and community integration)



At CareMeridian, **my Dad feels at home**, we feel at home, and in the end, we know it was the best decision for him and the entire family.

Lisa Sheets

Daughter, CareMeridian La Mesa

Our Point of Difference

Unlike most post-acute care alternatives, CareMeridian provides a non-institutional-like environment, creating surroundings conducive to quicker recovery. Each facility features sophisticated equipment, outdoor therapeutic areas and personalized bedrooms to make our patients feel like they are at home.

CareMeridian has received accreditation by the Joint Commission on Accreditation of Healthcare Organizations (JCAHO) and has been recognized for meeting the Commission's healthcare quality and safety standards.

